



**NUTRITION AND ALLERGEN INFORMATION** as of January 2025

The following nutritional information is comprised of data supplied by vendors, the United States Department of Agriculture, and recipe analysis utilizing the MenuCalc Nutrition Analysis web-based program by FoodCalc based in Santa Barbara, California. The reported values are based on the Food and Drug Administration menu labeling rounding guidelines. Our analysis is based on standard recipes and can differ based on customized ordering, possible changes and/or substitutions of ingredients, and ordinary differences inherent to the time of year. Every effort is made to keep this information current. While we are committed to providing the most accurate nutritional information possible for our menu items, differences may occur between the actual nutritional content of your freshly prepared menu item and the nutritional values provided in this document. Due to these factors, we are unable to guarantee that the nutrition content for our menu items is precisely accurate. This informational listing is continuously updated in an attempt to reflect the current status of our products. Please check back regularly to ensure you have the most current information.

Note that not all items are available in all locations.

Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations. This may include shared preparation and cooking areas, including shared fryers. Due to these circumstances, we are unable to guarantee that any menu entrée can be completely free of allergens.

**NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.**

KEY: Cal = Calories FatCal = Calories from Fat Fat = Total Fat Sat = Saturated Fat Tran = Trans Fat Chol = Cholesterol Sod = Sodium Carbs = Carbohydrates Sug = Sugar Prot = Protein (g) = grams (mg) = milligrams -- = Info not available

● CC Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy.

√ Contains Allergen

BITES Listed as served	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat	
<b>BILLIONAIRE'S BACON</b>	410	130	14	4.5	0	30	530	67	2	63	13										
<b>CHICKEN TENDERS with Poblano Honey Mustard, French Fries, and Ketchup</b>	1260	670	76	12	0	140	2990	109	4	29	40	●	√		√				√		√
<b>CHIPOTLE QUESO &amp; CHIPS</b>	1010	560	63	28	0	110	2270	84	7	13	32	●			√						
<i>add Brisket Chili</i>	40	20	2.5	1	0	10	110	2	0	1	2			√					√		√
<i>add Fire Roasted Salsa</i>	40	5	0	0	0	0	1090	9	3	6	2										
<i>add Spicy Taco Meat</i>	200	140	15	6	1	45	560	3	1	0	13								√		
<b>CRISPY MINI BEEF TACOS (3)</b>	440	270	30	14	0.5	65	900	24	3	3	20	●			√				√		
<b>DOUBLE STACKED NACHOS</b>																					
<i>Smoked Brisket</i>	2580	1510	169	63	1.5	325	6420	183	25	17	97	●			√				√		
<i>Smoked Chicken</i>	2330	1270	144	53	1.5	365	5630	183	25	17	93	●			√				√		√
<b>FIRE ROASTED SALSA &amp; CHIPS</b>	550	230	27	4	0	0	1160	78	9	6	9	●									
<b>FRIED PICKLES with Ranch</b>	750	390	44	8	0	40	3200	73	3	7	11	●	√		√						√
<b>LOADED FRIES</b>	1320	920	103	31	0.5	125	3210	69	4	6	33	●	√		√						
<b>MOZZARELLA CHEESE BITES with Ranch and Marinara</b>	1110	740	83	29	0	130	2260	37	2	4	49	●	√		√						√
<b>PEAKS SAMPLER with Blue Cheese, Ranch, and Marinara</b>	1920	1190	134	31	0	230	6740	102	5	7	72	●	√		√				√		√
<b>SMOKED CHICKEN QUESADILLAS with Fire Roasted Salsa</b>	830	400	45	24	0.5	215	2560	53	4	7	52				√						√
<b>SPICY MEATBALL SKILLET with Garlic Bread</b>	1270	710	80	40	4	305	3610	80	7	7	56		√		√						√
<b>SPICY THAI RIBS</b>	830	290	32	12	0	150	2260	90	2	76	45				√				√		√
<b>TRIPLE PLAY</b>	950	520	59	19	0	65	2510	92	14	13	24	●			√						
<b>WINGS Listed without Choice of Sauce/Rub, Dressing, or Celery</b>																					
<b>BONELESS 6 Wings</b>	500	200	23	4	0	115	930	35	2	0	39	●			√				√		√
<b>BONE-IN BREADED 6 Wings</b>	630	340	38	11	0	315	770	13	1	0	55				√				√		√
<b>BONE-IN NAKED 6 Wings</b>	570	340	38	11	0	315	230	0	0	0	53										
<b>SMOKED &amp; GRILLED 6 Wings</b>	610	360	40	8	0	140	1030	8	3	0	51										
<b>ADD CELERY (4 sticks)</b>	5	0	0	0	0	0	15	0	0	0	0										
<b>ADD CHOICE OF WING SAUCE OR RUB Listed per 6 Wings</b>																					
<b>BOURBON TERIYAKI</b>	140	15	1.5	0	0	0	1380	27	0	21	2								√		√
<b>GARLIC PARMESAN</b>	420	390	43	8	0	15	1070	7	0	2	5				√						
<b>HOT AS F*CK</b>	70	15	1.5	0	0	0	1610	13	3	3	2				√						
<b>HOT HONEY</b>	270	5	0.5	0	0	0	210	72	1	70	1				√						
<b>LEMON PEPPER RUB</b>	25	0	0	0	0	0	3190	6	1	3	0										
<b>NASHVILLE HOT</b>	210	160	18	2	0	0	660	14	2	11	0										
<b>PINEAPPLE HABANERO</b>	80	25	3	0.5	0	0	710	13	1	9	1								√		
<b>SMOKY SWEET BBQ</b>	120	0	0	0	0	0	760	30	0	26	0										
<b>SPICY CAJUN RUB</b>	20	5	0	0	0	0	1730	5	2	1	1										
<b>SPICY CHILI CRISP</b>	340	30	32	4.5	0	0	590	18	5	0	2										
<b>SPICY GARLIC</b>	50	45	5	2	0	10	890	1	0	0	0			√	√						
<b>SPICY THAI CHILI</b>	180	15	1.5	0	0	0	800	41	0	36	1				√				√		√
<b>THE CLASSIC</b>	40	35	4	0	0	0	1720	0	0	0	0				√						
<b>TIKKA</b>	100	60	6.5	3	0	15	650	8	1	6	1				√						
<b>WINGS ADD-ONS</b>																					
<b>BLUE CHEESE DRESSING</b>																					
<i>for 6 and 12 Wings (2 fl)</i>	300	280	31	8	0	35	450	4	0	1	3		√		√						
<i>for 18 Wings (4 fl)</i>	610	570	63	15	0	70	900	8	0	2	7		√		√						
<b>RANCH DRESSING</b>																					
<i>for 6 and 12 Wings (2 fl)</i>	220	200	22	4	0	20	430	4	0	2	1		√		√						
<i>for 18 Wings (4 fl)</i>	430	400	45	8	0	40	870	8	0	3	2		√		√						
<b>FRENCH FRIES with Ketchup (entrée portion)</b>	400	190	22	3	0	0	1390	54	2	18	2	●			√						
<b>SWEET POTATO FRIES with Ketchup (entrée portion)</b>	490	210	24	3.5	0	0	1090	65	3	26	2	●			√						
<b>TATER TOTS with Ketchup (entrée portion)</b>	630	340	39	6	0	0	1490	65	2	16	5	●									
<b>BURGERS Listed without Fries and Ketchup</b>																					
<b>AVOCADO SMASH BURGER without Fries and Ketchup</b>	820	500	56	19	1.5	100	930	44	3	6	33		√		√				√		√
<b>BILLIONAIRE'S BACON BURGER without Fries and Ketchup</b>	1030	540	60	20	1.5	110	1490	85	3	48	37		√	√	√				√		√
<b>CHEESEBURGER without Fries and Ketchup, without Choice of Cheese</b>	740	450	50	15	1.5	80	1210	43	3	7	27		√		√				√		√
<b>ADD CHOICE OF CHEESE</b>																					
<i>American</i>	70	40	4.5	3	---	15	220	2	0	1	4				√				√		
<i>Cheddar</i>	90	60	7	4	0	20	135	0	0	0	5				√						
<i>Provolone</i>	70	50	6	3.5	---	15	190	0	0	0	5				√						
<i>Swiss</i>	80	60	7	4	0	20	40	0	0	0	6				√						
<b>THE HANGOVER without Fries and Ketchup</b>	980	610	68	23	1.5	280	1350	44	2	7	41		√		√				√		√
<b>THE SMOKESTACK without Fries and Ketchup</b>	1150	730	81	26	1.5	160	1800	57	3	17	44		√		√				√		√
<b>BEYOND MEAT PATTY - SWAP BEEF FOR VEGETARIAN PATTY</b>																					
<b>AVOCADO SMASH BURGER - Beyond Burger without Fries and Ketchup</b>	770	420	47	15	0	25	1260	51	5	6	33		√		√				√		√
<b>BILLIONAIRE'S BACON BURGER - Beyond Burger without Fries and Ketchup</b>	980	460	51	16	0	35	1740	92	5	48	37		√	√	√				√		√

BURGERS <i>Listed without Fries and Ketchup</i>													Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat	
<b>BEYOND MEAT PATTY - SWAP BEEF FOR VEGETARIAN PATTY</b>																																	
CHEESEBURGER w/American - Beyond Burger without Fries and Ketchup													760	410	45	14	0	20	1680	52	5	8	31		✓		✓				✓		✓
CHEESEBURGER w/Cheddar - Beyond Burger without Fries and Ketchup													770	430	48	15	0	25	1600	51	5	7	32		✓		✓				✓		✓
CHEESEBURGER w/Provolone - Beyond Burger without Fries and Ketchup													760	420	47	15	0	20	1650	51	5	7	33		✓		✓				✓		✓
CHEESEBURGER w/Swiss - Beyond Burger without Fries and Ketchup													770	430	48	15	0	25	1500	50	5	7	33		✓		✓				✓		✓
CHEESEBURGER no Cheese - Beyond Burger without Fries and Ketchup													690	370	41	11	0	5	1460	50	5	7	27		✓		✓				✓		✓
THE HANGOVER - Beyond Burger without Fries and Ketchup													920	530	59	18	0	205	1600	51	4	7	41		✓		✓				✓		✓
THE SMOKESTACK - Beyond Burger without Fries and Ketchup													1090	650	72	22	0	80	2120	64	5	17	44		✓		✓				✓		✓
ADD BACON													90	60	7	2.5	0	15	270	0	0	0	5										
ADD ENTRÉE SIDE																																	
FRENCH FRIES with Ketchup													400	190	22	3	0	0	1390	54	2	18	2	•			✓						
SWEET POTATO FRIES with Ketchup													490	210	24	3.5	0	0	1090	65	3	26	2	•			✓						
<b>SANDWICHES <i>Listed without Fries and Ketchup</i></b>													Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat	
CHICKEN RANCH - GRILLED without Fries and Ketchup													840	470	52	17	0	155	1620	41	2	5	48		✓		✓				✓		✓
CHICKEN RANCH - FRIED without Fries and Ketchup													980	450	50	16	0	155	1930	74	3	5	52	•	✓		✓				✓		✓
CHICKEN RANCH - BLACKENED without Fries and Ketchup													840	470	52	17	0	155	1220	41	2	5	48		✓		✓				✓		✓
NASHVILLE HOT CHICKEN SANDWICH without Fries and Ketchup													1310	760	85	15	0	120	3170	97	6	23	40	•	✓		✓				✓		✓
GREEN CHILE CHEESESTEAK without Fries and Ketchup													1030	560	62	24	0	130	2410	69	6	10	46				✓				✓		✓
LOBSTER ROLL B.L.T. without Fries and Ketchup													920	480	53	18	0	160	380	86	7	22	26		✓	✓	✓		✓		✓		✓
PHILLY CHEESESTEAK without Fries and Ketchup													1200	720	80	27	0	140	2350	69	5	7	51		✓		✓				✓		✓
PORK TENDERLOIN without Fries and Ketchup													1300	660	75	16	0	130	2560	111	4	26	44	•	✓		✓				✓		✓
SPICY MEATBALL PARMESAN without French Fries and Ketchup													1270	760	85	40	3.5	265	3060	75	6	6	48				✓				✓		✓
TEXAS-STYLE CHEESESTEAK without Fries and Ketchup													1030	560	62	24	0	130	2550	68	5	9	46				✓				✓		✓
TURKEY AVOCADO SMASH without Fries and Ketchup													620	290	32	11	0	95	1540	50	4	8	36		✓		✓				✓		✓
ADD ENTRÉE SIDE																																	
FRENCH FRIES with Ketchup													400	190	22	3	0	0	1390	54	2	18	2	•			✓						
SWEET POTATO FRIES with Ketchup													490	210	24	3.5	0	0	1090	65	3	26	2	•			✓						
ADD AVOCADO SMASH													30	25	3	0	0	0	110	2	1	0	0										
<b>TACOS <i>Listed without Tortilla Chips &amp; Salsa</i></b>													Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat	
BLACKENED FISH TACOS (3) without Tortilla Chips & Fire Roasted Salsa													640	270	30	8	0	75	2770	63	8	8	30			✓	✓				✓		✓
BLACKENED MAHI-MAHI TACOS (3) without Tortilla Chips & Fire Roasted Salsa													650	280	31	8	0	100	2630	63	8	8	33			✓	✓				✓		✓
QUESABIRRIA TACOS (3) with Birria Broth, without Tortilla Chips & Fire Roasted Salsa													1230	720	80	29	0	150	3440	66	6	6	59				✓				✓		✓
STREET TACOS (3) with Habanero Salsa, without Tortilla Chips & Fire Roasted Salsa																																	
Smoked Chicken													610	330	37	7	0	95	1090	45	4	7	22								✓		✓
Smoked Brisket													760	470	52	13	0	75	1560	45	5	6	24								✓		
ADD ENTRÉE SIDE TORTILLA CHIPS & SALSA													400	170	20	3	0	0	490	55	6	2	6	•									
<b>FLATBREADS <i>Listed as served</i></b>													Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat	
BACKYARD BBQ BRISKET													1280	440	49	22	0	140	4360	150	10	36	30				✓				✓		✓
CHICKEN TIKKA													1430	740	82	23	0	150	3050	116	6	12	54				✓				✓		✓
OG PEPPERONI													1380	740	83	28	0	150	3560	105	5	6	52				✓				✓		✓
"THE HOTTIE" JALAPENO POPPER													1450	670	74	36	1.5	245	3150	134	5	31	65		✓		✓				✓		✓
THE ITALIAN													880	270	30	14	0.5	100	2410	107	5	6	44		✓		✓				✓		✓
<b>SOUPS <i>Listed without slice of grilled sourdough</i></b>													Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat	
BRISKET CHILI without Slice of Grilled Sourdough																																	
BOWL													340	200	22	9	0.5	65	930	14	4	5	20			✓	✓				✓		✓
CUP													240	140	16	6	0.5	50	680	10	3	4	15			✓	✓				✓		✓
GREEN CHILE CHICKEN without Slice of Grilled Sourdough																																	
BOWL													190	90	10	2	0	65	1370	11	2	4	14										✓
CUP													120	60	6	1	0	30	930	8	1	3	7										✓
ADD SLICE OF GRILLED SOURDOUGH													100	45	5	1	0	0	95	11	1	0	2								✓		✓
<b>SALADS <i>Listed without salad dressing</i></b>													Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat	
CHICKEN CAESAR SALAD without Caesar Dressing													440	250	28	9	0	90	1070	15	5	4	32				✓				✓		✓
Sub Salmon, without Caesar Dressing													660	360	40	11	0	150	1140	15	5	4	58			✓	✓				✓		✓
Sub Shrimp, without Caesar Dressing													370	190	22	12	0	175	1000	18	6	5	29				✓		✓		✓		✓
ADD CAESAR DRESSING (4 fl)													680	680	76	12	0	60	1240	4	0	0	4		✓	✓	✓						
CHICKEN COBB SALAD without Dressing													710	420	47	18	0	315	1800	26	10	8	46		✓		✓				✓		✓
CHICKEN STREET CORN SALAD without Dressing													720	260	28	7	0	85	1760	78	13	23	41	•			✓				✓		
Sub Salmon, without Dressing													950	370	41	9	0	150	1830	78	13	23	67	•		✓	✓				✓		
Sub Shrimp, without Dressing													650	200	22	10	0.5	175	1690	80	14	23	39	•			✓		✓				
Sub Steak, without Dressing													730	240	27	9	1	105	1730	78	13	23	48	•			✓						
CRISPY BUFFALO CHICKEN SALAD without Dressing													950	530	60	17	0	150	4610	44	6	6	53	•			✓				✓		✓
STEAK SALAD without Dressing													530	220	24	11	0.5	100	1580	39	11	8	42				✓						
Sub Chicken, without Dressing													520	240	26	8	0	90	1630	38	11	8	35				✓				✓		
Sub Shrimp, without Dressing													460	180	20	12	0	175	1540	41	11	8	32				✓		✓				
ADD ENTRÉE SALAD DRESSING (3 fl)																																	
Bacon Ranch Dressing (3 fl)													330	310	34	6	0	35	780	6	0	3	2		✓		✓						
Blue Cheese Dressing (3 fl)													460	420	47	11	0	55	670	6	0	1	5		✓		✓						
Caesar Dressing (3 fl)													510	510	57	9	0	45	930	3	0	0	3		✓	✓	✓						
Honey Mustard Dressing (3 fl)													390	320	36	6	0	45	510	21	0	18	0		✓								
Jalapeño Honey Vinaigrette (3 fl)													390	320	35	5	2	0	910	11	0	10	0										
Lime Vinaigrette (3 fl)													500	460	51	9	1	30	690	9	1	5	0		✓								
Poblano Honey Mustard Dressing (3 fl)													370	310	34	6	0	40	1090	20	0	17	0		✓								
Ranch Dressing (3 fl)													320	300	33	6	0	30	650	6	0	2	2		✓		✓						
CAESAR SIDE SALAD without Dressing													450	390	44	9	0	40	870	10	3	2	8		✓	✓	✓				✓		✓
HOUSE SIDE SALAD without Dressing													210	130	15	8	0	30	300	13	2	4	9			✓	✓				✓		✓

SALAD DRESSINGS														Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat			
Bacon Ranch Dressing (2 fl)														220	210	23	4.5	0	20	520	4	0	2	1		✓		✓								
Blue Cheese Dressing (2 fl)														300	280	31	8	0	35	450	4	0	1	3		✓		✓								
Caesar Dressing (2 fl)														340	340	38	6	0	30	620	2	0	0	2		✓	✓	✓								
Honey Mustard Dressing (2 fl)														260	220	24	4	0	30	340	14	0	12	0		✓										
Jalapeño Honey Vinaigrette (2 fl)														260	210	23	3.5	1.5	0	600	7	0	7	0												
Lime Vinaigrette (2 fl)														330	300	34	6	0.5	20	460	6	0	3	0		✓										
Poblano Honey Mustard Dressing (2 fl)														250	200	23	4	0	30	730	13	0	11	0		✓										
Ranch Dressing (2 fl)														220	200	22	4	0	20	430	4	0	2	1		✓		✓								
HOT DISHES Listed as served														Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat			
BEER BATTERED FISH & CHIPS with Tartar Sauce and Ketchup														1090	620	71	11	0	95	2610	87	3	22	32	•	✓	✓	✓				✓			✓	
CHARGRILLED SALMON with Lemon Garlic Pilaf														770	440	49	17	1.5	175	1410	31	4	4	49			✓	✓				✓				
CHICKEN & SHRIMP COMBO Each Item Listed Separately																																				
BLACKENED CHICKEN														270	150	17	3.5	0	95	190	0	0	0	28								✓				
BLACKENED SHRIMP														200	130	14	2.5	0	130	220	1	0	0	16						✓	✓					
FRIED CHICKEN														610	280	32	5	0	110	870	42	2	0	38	•			✓				✓			✓	
FRIED SHRIMP														290	90	11	1.5	0	130	880	27	1	0	20	•			✓		✓	✓	✓			✓	
GRILLED CHICKEN														270	150	17	3.5	0	95	590	0	0	0	28								✓				
GRILLED SHRIMP														280	210	23	8	0	155	410	1	0	0	17				✓		✓	✓					
ADD ENTRÉE SIDE FRENCH FRIES with Ketchup														400	190	22	3	0	0	1390	54	2	18	2	•			✓								
ADD SIDE COCKTAIL SAUCE														60	0	0	0	0	0	840	12	2	10	1												
ADD SIDE POBLANO HONEY MUSTARD														250	200	23	4	0	30	730	13	0	11	0		✓										
CHICKEN FRIED CHICKEN with Garlic Mashed Potatoes & Sautéed Green Beans														1060	540	61	21	2.5	160	2540	82	7	10	42	•			✓				✓			✓	
CHICKEN FRIED STEAK with Garlic Mashed Potatoes & Sautéed Green Beans														1460	760	85	30	3	195	3120	114	8	14	48	•	✓	✓	✓				✓			✓	
FRIED CATFISH BITES with Fries, Ketchup, and Remoulade														1120	650	74	11	1	75	3730	91	4	21	23	•	✓	✓	✓				✓			✓	
FRIED CHICKEN & SHRIMP & CATFISH COMBO with Fries, Ketchup, and Remoulade														2340	1300	148	24	1	340	6310	173	9	34	79	•	✓	✓	✓		✓	✓	✓			✓	
GREEN CHILE CHICKEN with Garlic Mashed Potatoes & Sautéed Broccoli														910	560	63	25	2	185	2650	47	9	7	40				✓				✓			✓	
LOBSTER MAC N' CHEESE														1590	900	101	59	1	340	4020	101	8	18	72		✓	✓	✓		✓	✓	✓			✓	
MOM'S POT ROAST with Garlic Mashed Potatoes & Sautéed Green Beans														980	580	64	27	4	195	2380	46	5	6	47				✓				✓				
NEW YORK STRIP STEAK with Garlic Mashed Potatoes & Sautéed Broccoli														1460	890	99	41	4.5	390	2430	40	5	3	104				✓				✓				
RAINBOW TROUT with Grilled Asparagus & Lemon Rice Pilaf														920	620	69	32	2	210	2100	28	7	7	41			✓	✓	✓			✓				
SIRLOIN STEAK with Garlic Mashed Potatoes & Sautéed Broccoli														1050	670	75	33	3.5	250	2280	38	5	3	59				✓				✓				
SPICY CHIPOTLE CHICKEN with Garlic Mashed Potatoes & Sautéed Broccoli														900	560	63	25	2	180	1740	48	9	6	38				✓				✓				
SWEET N' SMOKY RIBS with Creamy Coleslaw & Adult Mac & Cheese																																				
FULL RACK														2140	1060	118	53	1.5	455	5870	152	7	96	118		✓		✓				✓			✓	
HALF RACK														1520	770	87	42	1.5	300	4450	113	6	66	73		✓		✓				✓			✓	
TROPHY TROUT with Garlic Mashed Potatoes & Sautéed Broccoli														630	430	48	19	1.5	120	1720	29	5	4	23				✓	✓			✓				
SIDES Listed as served														Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat			
ADULT MAC & CHEESE														660	420	47	28	1	140	1700	34	2	4	27				✓				✓			✓	
CREAMY COLESLAW														120	70	8	2.5	0.5	10	570	10	2	6	1		✓		✓								
FRENCH FRIES with Ketchup														530	260	30	4	0	0	1700	67	2	19	2	•			✓								
GRILLED ASPARAGUS														190	160	19	11	1	49	470	5	3	2	3				✓								
HOUSE MADE GARLIC MASHED POTATOES														250	120	13	8	1.5	35	550	29	3	2	3				✓								
LEMON GARLIC PILAF														260	130	15	9	1	35	740	29	3	3	4				✓								
SAUTÉED BROCCOLI														160	130	14	2.5	0	0	570	6	3	2	3								✓				
SAUTÉED GREEN BEANS														210	160	18	3.5	0	0	450	9	2	3	2								✓				
SWEET POTATO FRIES with Ketchup														650	300	34	5	0	0	1280	83	5	30	2	•			✓								
LUNCH AT THE PEAKS														Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat			
HOUSE SALAD without Dressing														210	130	15	8	0	30	300	13	2	4	9				✓				✓			✓	
Bacon Ranch Dressing (2 fl oz)														220	210	23	4.5	0	20	520	4	0	2	1		✓		✓								
Blue Cheese Dressing (2 fl oz)														300	280	31	8	0	35	450	4	0	1	3		✓		✓								
Caesar Dressing (2 fl oz)														340	340	38	6	0	30	620	2	0	0	2		✓	✓	✓								
Honey Mustard Dressing (2 fl oz)														260	220	24	4	0	30	340	14	0	12	0		✓										
Jalapeño Honey Vinaigrette (2 fl oz)														260	210	23	3.5	1.5	0	600	7	0	7	0												
Lime Vinaigrette (2 fl)														330	300	34	6	0.5	20	460	6	0	3	0		✓										
Poblano Honey Mustard Dressing (2 fl oz)														250	200	23	4	0	30	730	13	0	11	0		✓										
Ranch Dressing (2 fl oz)														220	200	22	4	0	20	430	4	0	2	1		✓		✓								
SOUP														Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat			
BRISKET CHILI CUP without Slice of Grilled Sourdough														240	140	16	6	0.5	50	680	10	3	4	15			✓	✓				✓			✓	
GREEN CHILE CHICKEN BOWL without Slice of Grilled Sourdough														190	90	10	2	0	65	1370	11	2	4	14								✓			✓	
ADD SLICE OF GRILLED SOURDOUGH														100	45	5	1	0	0	95	11	1	0	2								✓			✓	
HANDHELDS														Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat			
WHOLE GRILLED CHEESE SANDWICH without French Fries and Ketchup														490	230	26	10	0	30	760	46	2	8	14				✓				✓			✓	
HALF OL' FASHIONED B.L.T. without French Fries and Ketchup														360	210	23	6	0	30	640	25	2	5	11		✓		✓				✓			✓	
HALF CHICKEN AVOCADO SMASH without Sweet Potato Fries and Ketchup														310	140	16	6	0	45	770	26	2	4	18		✓		✓				✓			✓	
KIDS Listed without Side or Drink														Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shell-fish	Soy	Tree Nut	Wheat			
KIDS CHEESE QUESADILLA without Kids Side														490	250	27	16	0.5	70	1030	37	1	1	22				✓				✓			✓	
KIDS CHICKEN TIMBERS without Kids Side																																				
FRIED														460	210	24	4	0	85	660	32	1	0	29	•			✓				✓			✓	
GRILLED														220	140	16	3	0	65	30	0	0														

FOUNTAIN DRINKS <i>Based on 10 fl oz</i>		Cals	Fat Cals	Fat (g)	Sat (g)	Tran (mg)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
COKE		120	0	0	0	0	0	40	33	0	33	0
COKE ZERO SUGAR		0	0	0	0	0	0	45	0	0	0	0
DIET COKE		0	0	0	0	0	0	35	0	0	0	0
DR. PEPPER		130	0	0	0	0	0	50	33	0	32	0
SPRITE		130	0	0	0	0	0	30	34	0	30	0
ROOT BEER		130	0	0	0	0	0	60	38	0	38	0
LEMONADE		140	0	0	0	0	0	20	36	0	35	0
ICED TEA		0	0	0	0	0	0	10	0	0	0	0
SWEET TEA		50	0	0	0	0	0	10	13	0	13	0
COCKTAILS		Cals	Fat Cals	Fat (g)	Sat (g)	Tran (mg)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
AMARETTO SOUR		280	0	0	0	0	0	20	60	0	56	0
APEROL SPRITZ		210	0	0	0	0	0	105	23	0	21	0
BLACKBERRY BRAMBLE		210	0	0	0	0	0	0	27	1	24	0
BLACKBERRY SMASH		160	0	0	0	0	0	0	14	1	12	0
BLOODY MARY		130	0	0	0	0	0	1830	6	1	3	1
BLOODY MARY		190	35	4	1.5	0	5	2160	8	2	3	4
BLUE MOFO		260	0	0	0	0	0	20	29	0	27	0
CARAJILLO		300	0	0	0	0	0	0	32	0	32	0
CINCORO MARGARITA		180	0	0	0	0	0	770	18	1	13	0
CLASSIC MARTINI <i>with Grey Goose Vodka</i>		160	10	1	0	0	0	330	2	0	1	0
CLASSIC MARTINI <i>with Hendrick's Gin</i>		180	10	1	0	0	0	330	2	0	1	0
COSMOPOLITAN		160	0	0	0	0	0	0	11	0	9	0
CUBAN OLD FASHIONED		170	0	0	0	0	0	0	7	0	6	0
DOBEL CRISTALINO MARGARITA		190	0	0	0	0	0	1920	19	1	13	0
ENERGIZED CHERRY LIMEADE		220	0	0	0	0	0	20	33	0	29	0
ESPRESSO MARTINI - CASAMIGOS REPOSADO		300	10	1	0	0	0	0	30	0	30	0
ESPRESSO MARTINI - ELIJAH CRAIG TOASTED BARREL		320	10	1	0	0	0	0	30	0	29	0
ESPRESSO MARTINI - SKREWBALL PEANUT BUTTER WHISKEY		320	10	1	0	0	0	0	40	0	40	0
ESPRESSO MARTINI - TULLAMORE D.E.W.		300	10	1	0	0	0	0	30	0	29	0
ESPRESSO MARTINI - WHEATLY VODKA		300	10	1	0	0	0	0	30	0	29	0
HENDRICK'S & FEVER TREE TONIC		130	0	0	0	0	0	0	7	1	4	0
HOUSE LONG ISLAND ICED TEA		240	0	0	0	0	0	25	30	0	27	0
HOUSE MARGARITA		240	0	0	0	0	0	1920	32	0	28	0
ILEGAL MARGARITA		200	0	0	0	0	0	760	18	0	14	0
IRISH COFFEE		300	10	1	0	0	0	0	30	0	29	0
IRISH TRASHCAN		240	0	0	0	0	0	110	37	0	35	0
JAMESON & GINGER		150	0	0	0	0	0	10	13	0	12	0
LEMON DROP MARTINI		190	0	0	0	0	0	0	16	0	13	0
LIQUID MARIJUANA		200	0	0	0	0	0	10	29	0	27	0
LONG ISLAND ICED TEA		290	0	0	0	0	0	25	28	0	26	0
LYNCHBURG LEMONADE		230	0	0	0	0	0	20	28	0	25	0
MAI TAI		170	0	0	0	0	0	0	10	0	8	0
MANGO MARGARITA		270	0	0	0	0	0	390	33	0	30	0
MANHATTAN - RUSSELL'S RESERVE 10		230	0	0	0	0	0	0	11	0	7	0
MANHATTAN - 1792 FULL PROOF BARREL SELECT		240	0	0	0	0	0	0	9	0	7	0
MEXICAN MARTINI		310	0	0	0	0	0	2280	36	0	31	0
MICHELADA - DOS XX LAGER <i>with Ice</i>		150	0	0	0	0	0	2390	18	2	2	3
MICHELADA - DOS XX LAGER <i>without Ice</i>		230	0	0	0	0	0	2390	24	2	2	3
MICHELADA - MODELO ESPECIAL <i>with Ice</i>		160	0	0	0	0	0	2410	20	2	2	3
MICHELADA - MODELO ESPECIAL <i>without Ice</i>		240	0	0	0	0	0	2420	28	2	2	3
MIMOSA <i>with Cranberry Juice</i>		250	0	0	0	0	0	15	35	0	32	1
MIMOSA <i>with Grapefruit Juice</i>		210	0	0	0	0	0	15	24	1	22	2
MIMOSA <i>with Orange Juice</i>		220	0	0	0	0	0	10	29	0	26	1
MIMOSA <i>with Pineapple Juice</i>		250	0	0	0	0	0	10	33	0	31	2
MOJITO		220	0	0	0	0	0	5	34	0	30	0
MULE - CROWN APPLE		180	0	0	0	0	0	0	18	0	16	0
MULE - KETEL ONE		180	0	0	0	0	0	0	22	0	20	0
MULE - MAKER'S MARK		200	0	0	0	0	0	0	22	0	20	0
MULE - MEZCAL PASSION FRUIT		180	0	0	0	0	0	0	21	0	18	0
MULE - PROPER NO. TWELVE		180	0	0	0	0	0	0	22	0	20	0
OLD FASHIONED - ANGEL'S ENVY BARREL SELECT		220	0	0	0	0	0	0	10	0	9	0
OLD FASHIONED - BUFFALO TRACE BARREL SELECT		200	0	0	0	0	0	0	10	0	9	0
OLD FASHIONED - BULLEIT RYE		190	0	0	0	0	0	0	10	0	9	0
OLD FASHIONED - MAKER'S MARK PRIVATE SELECTION BARREL SELECT		220	0	0	0	0	0	0	10	0	9	0
OLD FASHIONED - OAXACA		170	0	0	0	0	0	0	7	0	6	0
OLD FASHIONED - OLD FORESTER		190	0	0	0	0	0	0	11	0	9	0
OLD FASHIONED - WHISTLEPIG MAPLE		220	0	0	0	0	0	0	11	0	9	0
PALOMA		190	0	0	0	0	0	380	21	0	20	0
PAPER PLANE		140	0	0	0	0	0	0	10	0	2	0
PASSION FRUIT SPLASH		110	0	0	0	0	0	20	28	0	26	0
PATRÓN MARGARITA		260	0	0	0	0	0	1920	32	0	28	0
PEAKS MARGARITA		240	0	0	0	0	0	1920	32	0	28	0
PEAKS PUNCH		190	0	0	0	0	0	0	34	0	32	0
PORN STAR MARTINI		210	0	0	0	0	0	0	23	0	21	0
RYE RUMBLE		200	0	0	0	0	0	10	15	0	12	0
SANGRIA - RED		220	0	0	0	0	0	5	27	1	23	0
SANGRIA - WHITE		190	0	0	0	0	0	5	19	0	16	0
SPICY MANGO LEMONADE		250	0	0	0	0	0	0	39	0	36	0
SPICY MARGARITA		150	0	0.1	0	0	0	380	13	1	10	0
SPICY STRAWBERRY MARGARITA		200	0	0	0	0	0	380	18	1	13	0
STONE SOUR - BUFFALO TRACE BARREL SELECT		240	0	0	0	0	0	0	32	0	28	0
STRAWBERRY LEMONADE		250	0	0	0	0	0	5	38	0	34	0
STRAWBERRY SLING		230	0	0	0	0	0	0	29	0	24	0
TEQUILA & SODA/RANCH WATER		110	0	0	0	0	0	20	3	0.5	1	0

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

TEQUILA SUNRISE	190	0	0	0	0	0	0	23	0	20	0
TITO'S & RED BULL	210	0	0	0	0	0	0	110	30	0	28
TRANSFUSION	200	0	0	0	0	0	0	10	17	0	13
TRAVELLER WHISKEY SOUR	220	0	0	0	0	0	0	30	0	27	0
TWIN PEAKS BARREL SELECT MARGARITA	240	0	0	0	0	0	0	1930	32	0	29
WATERMELON MARGARITA	350	0	0	0	0	0	0	480	60	0	56
WOODFORD SOUR	220	0	0	0	0	0	0	29	0	27	0
<b>STRAIGHT SHOTS</b>	<b>Cals</b>	<b>Fat Cals</b>	<b>Fat (g)</b>	<b>Sat (g)</b>	<b>Tran (g)</b>	<b>Chol (mg)</b>	<b>Sod (mg)</b>	<b>Carbs (g)</b>	<b>Fiber (g)</b>	<b>Sug (g)</b>	<b>Prot (g)</b>
DEEP EDDY LEMON	70	0	0	0	0	0	0	4	0	3	0
DEEP EDDY LIME	70	0	0	0	0	0	0	4	0	3	0
DEEP EDDY RUBY RED	70	0	0	0	0	0	0	3	0	3	0
FIREBALL CINNAMON WHISKY	80	0	0	0	0	0	0	7	0	7	0
HOWLER HEAD BANANA BOURBON	60	0	0	0	0	0	0	0	0	0	0
JACK DANIEL'S TENNESSEE APPLE	80	0	0	0	0	0	0	5	0	5	0
JACK DANIEL'S TENNESSEE FIRE	70	0	0	0	0	0	0	3	0	3	0
JACK DANIEL'S TENNESSEE HONEY	70	0	0	0	0	0	0	3	0	3	0
JÄGERMEISTER	100	0	0	0	0	0	0	0	0	0	0
JOSE CUERVO DEVIL'S RESERVE	60	0	0	0	0	0	0	0	0	0	0
JOSE CUERVO TRADICIONAL BLANCO	60	0	0	0	0	0	0	0	0	0	0
OLE SMOKY APPLE PIE MOONSHINE	80	0	0	0	0	0	0	0	0	0	0
OLE SMOKY SALTY CARAMEL WHISKEY	70	0	0	0	0	0	0	0	0	0	0
OLE SMOKY SALTY WATERMELON WHISKEY	70	0	0	0	0	0	0	0	0	0	0
RUMPLE MINZE	60	0	0	0	0	0	0	0	0	0	0
SKREWBALL PEANUT BUTTER WHISKEY	80	0	0	0	0	0	0	7	0	7	0
TUACA	70	0	0	0	0	0	0	4	0	4	0
<b>MIXED SHOTS</b>	<b>Cals</b>	<b>Fat Cals</b>	<b>Fat (g)</b>	<b>Sat (g)</b>	<b>Tran (g)</b>	<b>Chol (mg)</b>	<b>Sod (mg)</b>	<b>Carbs (g)</b>	<b>Fiber (g)</b>	<b>Sug (g)</b>	<b>Prot (g)</b>
BUTTERY NIPPLE	90	15	2	1	0	5	45	10	0	9	0
CHOCOLATE CAKE	140	0	0	0	0	0	0	11	0	11	0
CINNAMON TOAST	180	25	2.5	1.5	0	5	15	18	0	14	1
DEEP IN CIDER	150	0	0	0	0	0	0	13	0	10	0
GET LEI'ED	160	0	0	0	0	0	50	24	0	24	0
GRAND MARNIER	60	0	0	0	0	0	0	5	0	0	0
GREEN TEA	90	0	0	0	0	0	0	5	0	5	0
JÄGER BOMB	180	0	0	0	0	0	35	14	0	13	0
JAMESON PICKLE BACK	80	0	0	0	0	0	310	0	0	0	0
LEMON DROP	130	0	0	0	0	0	0	12	0	11	0
LIQUID MARIJUANA	80	0	0	0	0	0	0	11	0	10	0
MEXICAN CANDY	120	0	0	0	0	0	390	2	0	2	0
ORANGE TEA	100	0	0	0	0	0	0	7	0	6	0
PINEAPPLE UPSIDE DOWN CAKE	160	0	0	0	0	0	50	23	0	22	0
SCOOBY SNACK	110	0	0	0	0	0	0	15	0	8	0
SPICY MANGO	170	0	0	0	0	0	380	27	0	25	0
STAR F*CKER	90	0	0	0	0	0	0	17	0	11	0
STARBURST	110	0	0	0	0	0	0	13	0	13	0
THIN MINTY	210	30	3	2	0	0	0	20	0	19	1
VEGAS BOMB	130	0	0	0	0	0	55	18	0	17	0
WASHINGTON APPLE	90	0	0	0	0	0	0	17	0	12	0
WATER MOCCASIN	90	0	0	0	0	0	0	7	0	7	0
WATERMELON JOLLY RANCHER	130	0	0	0	0	0	1320	9	0	8	0
WHITE GUMMY BEAR	160	0	0	0	0	0	25	29	0	26	0
WHITE TEA	90	0	0	0	0	0	0	4	0	4	0